

From: Ann Rodriguez <[REDACTED]>
To: Karyna Shuliak <[REDACTED]>
Subject: Re: Snacks
Date: Thu, 15 Sep 2016 22:57:25 +0000

ok, will do

Ann R.

> On Sep 15, 2016, at 6:50 PM, Karyna Shuliak <[REDACTED]> wrote:

>

> Hi Ana,

> Here are a few snacks suggestions, that we should keep around:

> - flackers (we have them in the main kitchen closet and more in the pantry). Please let me know when we are running out, so we can bring more from NY.

> - soft cheese like Saint Andre or another kind of triple cream soft cheese

> - raisin bran cereal (Kerrygold brand)

> - faje yogurt

> - roasted pistachios

> - mixed nuts

> - cookis: chocolate chip or oatmeal raisin (TATES brand is not bad. Or freshly baked always better)

> - Lactaid whole milk

> - Haagen dazs chocolate ice cream

> - chocolate candies (the ones we have from Lindt brand are ok)

> - peanut butter

> - preserve (Bonne Maman brand, strawberry or four fruit flavor)

> - bread (there are healthy multigrain breads that are frozen at the stores like fruit bowl and gourmet gallery. Such as the one in the picture below)

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> <IMG_8467.jpeg>

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