

From: "Dr.Galland's Pill Advised" <[REDACTED]>

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Subject Dr. Galland Lecture at Integrative Healthcare Symposium 2015

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Date: Fri, 21 Nov 2014 09:22:42 +0000

Dr. Galland's Newsletter

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Newsletter

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November 21st, 2014

Dr. Galland Lecture at Integrative Healthcare Symposium 2015

 NT Factor Energy
Lipids

 Dr. Leo
Galland

YOU are invited to attend this major
lecture by [Dr. Galland](#).

**Patient-Centered Diagnosis: The
Heart of Integrative Practice**

***Presented by: Leo Galland,
MD, FACP, FACN
The 2015 Integrative Healthcare
Symposium at the New York Hilton***

***Thursday, February 19, 2015
10:15 AM – 11:45 AM***

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[Dr. Leo Galland](#) is internationally recognized as a
founder of Functional and Integrative Medicine. He was
honored with the Linus Pauling Award from IFM in
recognition of his creation of "Patient-Centered

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Diagnosis.” His critical breakthrough is to view the patient not as a disease, but as a work of art.

Join him at this landmark lecture on how he developed a key foundation of Functional Medicine, and learn the art and science of integrative practice.

Conventional medicine is built upon the process of Differential Diagnosis, which attempts to answer the question, “What disease does this patient have?” Treatment is based upon the disease, with no inherent regard for the individuality of each patient. Diseases as entities are peripheral concepts to all ancestral and alternative healing systems, which view illness as imbalance and disharmony.

Patient-Centered Diagnosis, developed by Dr. Galland 25 years ago, integrates the ancient search for understanding imbalances with modern biological and social science to create a system that has become a cornerstone of Functional Medicine.

Illness arises from the interaction of **Mediators**, **Triggers** and **Antecedents**, which together create each person’s unique illness. A Mediator is anything that produces symptoms, damage to tissues of the body, or the types of behavior associated with being sick. Biological and psychosocial mediators do not occupy separate realms but are inseparably intertwined in the formation of illness.

A Trigger is anything that activates a quiescent Mediator in this individual. Antecedents are the risk factors, genetic and acquired, that predispose each patient to acute or chronic illness.

The utility of this system will be illustrated with clinical case presentations, in which people with different “diseases” share similar triggers or mediators and people with the same “disease” present with different triggers or mediators. In each case, integrative therapy is based on Patient-Centered Diagnosis rather than the differential diagnosis of disease entities.

Learning Objectives

- ***Understand how reliance on the process of Differential Diagnosis creates the limitations and inadequacies of conventional medicine***

- **Learn how to understand each person's unique illness by assessing the mediators, triggers and antecedents that form it**
- **Realize how knowledge of each patient's mediators, triggers and antecedents can guide integrative treatment.**

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[The 2015 Integrative Healthcare Symposium](#) annual conference will bring together multi-disciplinary healthcare professionals dedicated to improving patient care and defining the future of integrative healthcare. The event, in its 11th edition, will take place February 19-21, 2015 with a pre-conference taking place on February 18, 2015.

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