

To: [REDACTED]
From: DTS Training Staff
Sent: Mon 7/16/2012 3:14:12 PM
Subject: Lititz Overnight Camp - 2 Weeks Away

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DTS Overnight Camp

July, 2012

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Linden Hall**

DTS Overnight Camp 2012

2 Weeks Away - Still Time To Register!

The DTS Overnight Camp is a 5 full day camp designed to provide a rigorous training program in combination with the overnight experience of a soccer camp within a private school setting. By challenging players to think and act in specific game situation they will improve greatly in a short period of time.

The camp is led by our DTS Staff, all of which have KNVB and UEFA licenses. Training will focus on the Dutch Concept of training: Knowing WHAT to do, WHEN to do it and HOW to do it at the technical and tactical speed that is required in the modern game. In addition to soccer practices, games, scrimmages and instruction, the camp will include team building and other activities to keep your child interested in the entire weeks activities.

The camp is for girls and boys from 9 to 15 years of age, with housing dedicated to each. In addition to our trainers, the staff will include female chaperones and on site medical staff.

Linden Hall Lititz, PA

Price: \$645

Sunday, July 29th Friday, August 3rd 2012

Check in is on Sunday, between 1:00pm-4:00pm

and Pick-Up is on Friday at 2.00pm

(Camp ends with demonstration session)

[CLICK HERE](#) for more information and registration.

[CLICK HERE](#) to visit the Linden Hall website.

Example of Overnight Camp daily activities

7:30 am Wake up
7:45 am Soccaerobics
8:15 am Breakfast
8:45 am Get ready for the days Group talk
9:15-12 Training Session (Skills training)
12:00pm Lunch + mandatory rest
1:30-4:00 pm Training Session (tactical training with applications
in scrimmages)
4:00-5:00 pm Down time
5:00-6:00 pm Dinner
6:00-6:30 pm Down time
6:30-7:30 pm Light kick around/scrimmages
7:30-9:00pm Team building
10.00pm Lights out

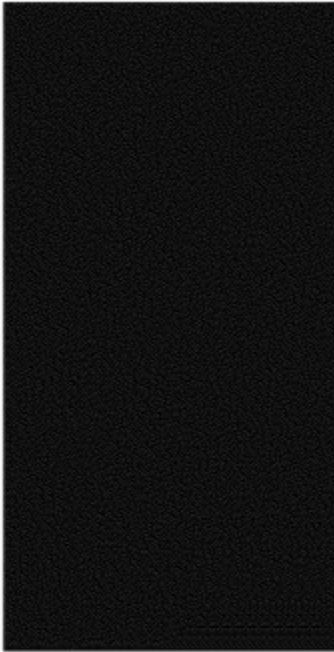
DTS Overnight Camp unique features:

- All UEFA and KNVB licensed coaches from Holland.
- Daily blog with pictures and stories of the day for parents.
- Team building activities.
- A great combination of individual techniques brought into game situations to beat your opponents (1v1).
- An environment in which players will be consistently challenged and asked to compete at a high level while building confidence and enjoying the game.
- Performance evaluation and feedback to improve.
- T4 Speed and Agility Testing/Evaluations.*

The DTS Overnight Camp includes:

- Housing in Dorm rooms
(requests for roommates honored)
 - 3 daily meals**
- T4 Speed and Agility Testing with evaluation
- New Camp T-shirt every day (5 T-shirts total)
 - Laundry services available
 - Team Building activities

For questions about the DTS Overnight Camps, contact



Tom Nota at Tom@Soccercenters.com or call 732-748-4625.

For team registrations, contact the DTS Overnight Camps Director.

**DTS staff is certified to provide T4 Speed and Agility Testing, a national speed and agility test specific for soccer players where each player can be compared to others of their same age group.*

***Special diet restriction meals not available but refrigeration available for pre-made meals for dietary restricted players only (sorry but discounts not available for providing your own meals).*

Soccer Centers :: 300 Memorial Drive :: Somerset, NJ 08873
732-748-4625

DUTCH TOTAL SOCCER has a professional staff with USSF "A" license and European coaches providing improved level of play for all ages.

*soccer centers
300 memorial dr
somerset New Jersey 08873
United States*

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